

“*Deep Medicine* offers a free-spirited approach to exploring your innate health-building potential.”

—Mehmet Oz, MD, heart surgeon and coauthor of
YOU: The Owner’s Manual

“When it comes to our health, our choices are often our destiny. In *Deep Medicine*, Dr. Stewart supports our choices with the skill of a surgeon and the wisdom of a healer.”

—Rachel Naomi Remen, MD, professor and author of
Kitchen Table Wisdom

“Dr. Stewart is a pioneer in holistic and mind-body medicine and was one of the first clinicians in America to build a firm bridge between holistic and conventional medicine.”

—Larry Dossey, MD, author of *Healing Words* and
The Power of Premonitions

“Dr. Stewart has pioneered a new and effective approach to body/mind/spirit healing.”

—Justine and Michael Toms, cofounders of New Dimensions
World Broadcasting Network and coauthors of *True Work*

“In a most magical way, Dr. Stewart shares what he has learned about life and living well. Readers will be engaged and discover that their personal wellness is connected with everyone and everything.”

—Bob Duggan, MA, M.Ac., president of The Tai Sophia
Institute in Laurel, MD