

# Contents

Introduction . . . . .	1
CHAPTER 1	
Global Crisis . . . . .	7
CHAPTER 2	
The Rise and Fall of the Scientific-Materialist Worldview (But Not Science). . . . .	31
CHAPTER 3	
Signs of an Emerging Worldview . . . . .	53
Global Shift: A Preview . . . . .	67
CHAPTER 4	
The Re-enchantment of Nature. . . . .	71
CHAPTER 5	
Return of the Feminine . . . . .	85
CHAPTER 6	
Toward a Larger Universe: Reality Outgrows the Bounds of Physics . . . . .	95
CHAPTER 7	
Expanding the Scope of Valid Knowledge: Sensory vs. Intuitive Ways of Knowing . . . . .	105

CHAPTER 8	
Toward a Synthesis of Science and Religion . . . . .	117
CHAPTER 9	
A New Map of the Psyche. . . . .	127
CHAPTER 10	
Life-Force Energy: A Step Beyond Physics . . . . .	141
CHAPTER 11	
Understanding Consciousness . . . . .	153
CHAPTER 12	
The Universal Context. . . . .	165
CHAPTER 13	
Toward a Universal Spiritual Perspective. . . . .	173
CHAPTER 14	
Natural Ethics . . . . .	181
CHAPTER 15	
Unity of Consciousness: The Interconnection of All Minds . . . . .	185
CHAPTER 16	
Synchronous Connections: The Role of Esoteric Disciplines in the New Worldview. . . . .	193
CHAPTER 17	
Implications of the New Worldview . . . . .	199
CHAPTER 18	
Making the Shift: From Vision to Action . . . . .	205
CHAPTER 19	
Simplify Your Life . . . . .	223

CHAPTER 20	
Build Peace in All Relationships . . . . .	239
CHAPTER 21	
Care for Your Body . . . . .	255
CHAPTER 22	
Practice Meditation . . . . .	283
CHAPTER 23	
Think Larger . . . . .	297
CHAPTER 24	
Take Action . . . . .	307
Conclusion . . . . .	321
Resources . . . . .	325
References. . . . .	331